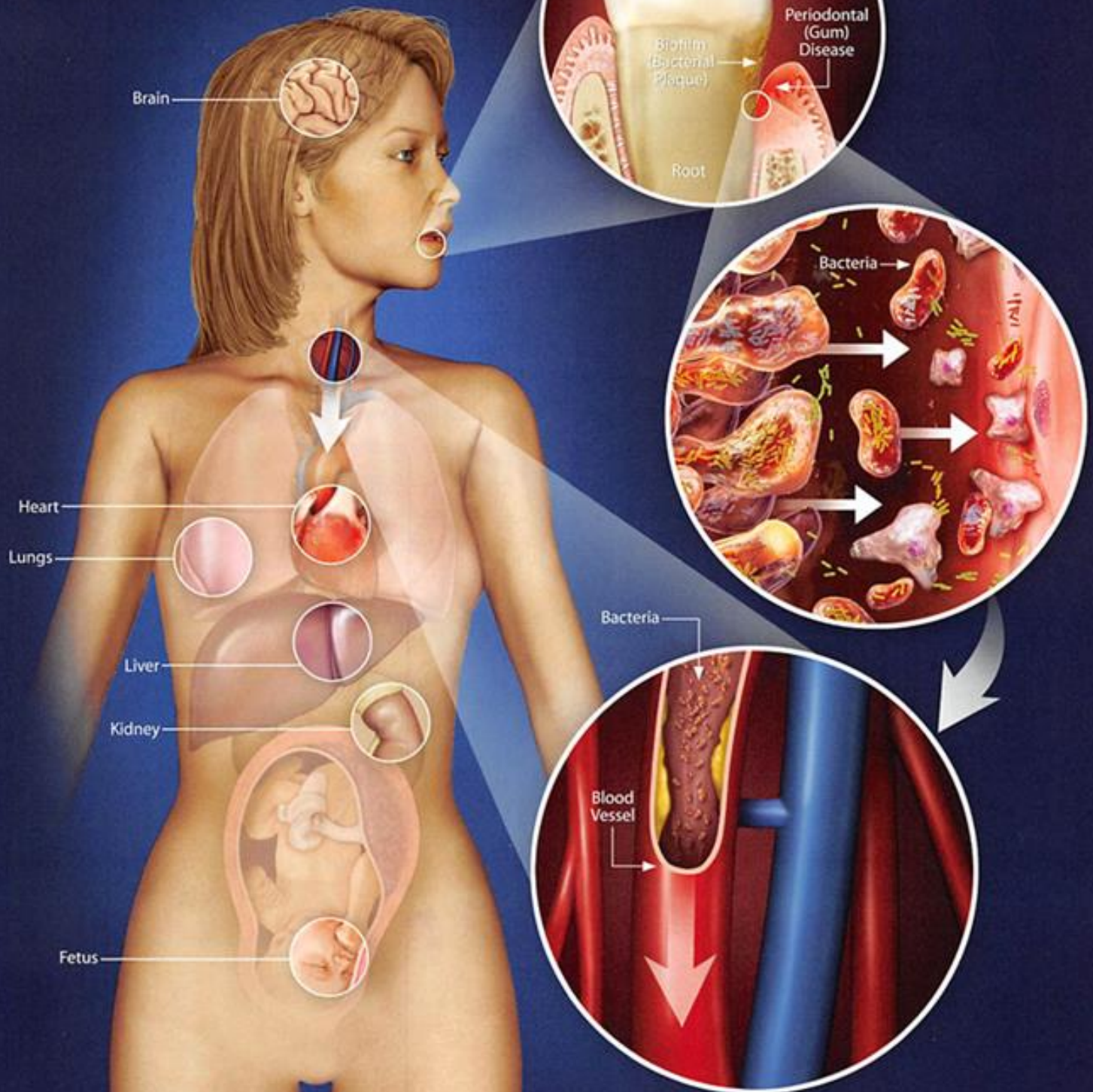


Periodontal Disease Can Affect Your Heart & Body

Emerging evidence shows a relationship between periodontal disease, cardiovascular disease and other chronic diseases — the common link is **inflammation**.

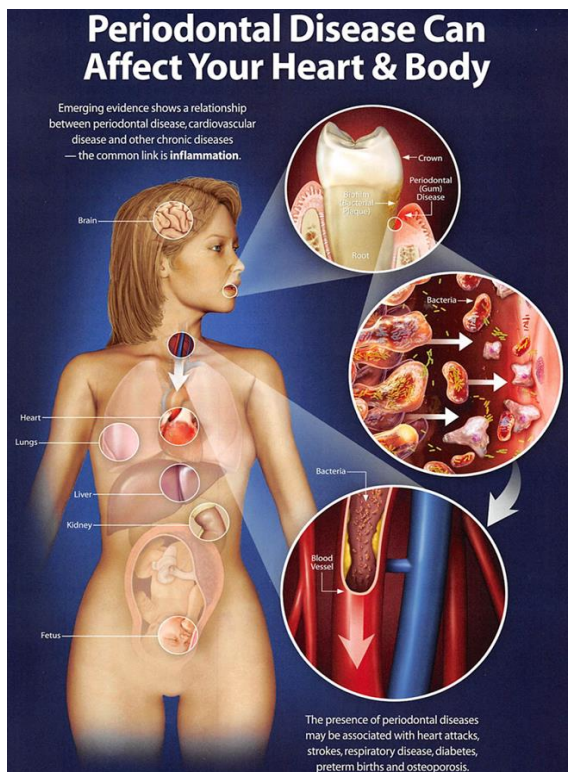
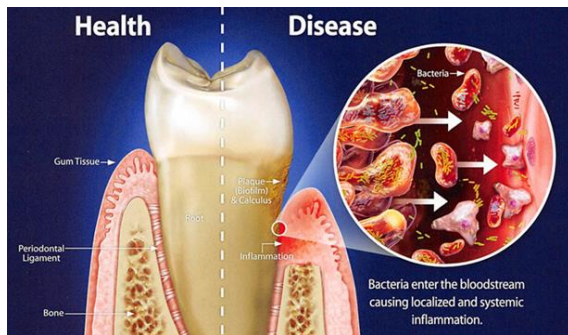


The presence of periodontal diseases may be associated with heart attacks, strokes, respiratory disease, diabetes, preterm births and osteoporosis.

Gum Disease: A Total Body Health Concern

Gum disease starts with harmful bacteria living around and on the teeth. It can lead to eventual tooth loss preventing you from enjoying a healthy diet. In addition, the bacteria that cause gum disease can also contribute to heart disease and a long list of whole body ailments. More than 75% of Americans have some form of gum disease. If you have active gum disease, a plan to stabilize it will be our first priority.

In addition to heart disease, gum disease is now related to more than 46 diseases and cross referenced to 57 other health issues. We have changed our focus from just saving teeth to detecting and managing the issues early that lead to gum disease. This can potentially save lives. Gum disease also contributes to whole body inflammation which is a major destructive force in many other diseases and the aging process.



Bleeding Gums:

If we discover your gums are bleeding during our routine exam, we now know that is unhealthy. We have an obligation to tell you and provide you with tools and methods to control the bleeding. Our hope for you is to come in appointment after appointment with zero bleeding during our exams. Your efforts at home and your personalized home care options are essential to achieve this goal. If your gums bleed, let us help you!

Sampling the Bacteria:

We now have the technology to identify the specific bacteria, yeast, or viruses that cause your body to respond and create bleeding and inflammation. A simple 30 second rinse and spit test, or a short sampling, of the bacteria living around the gums can help us provide targeted therapy designed specifically to control the type of bacteria you have.

Your Health is Our Top Priority:

If you are trying to achieve longevity and vitality you must have optimum oral health.

You can be sick with a healthy mouth but you cannot be healthy with a sick mouth.

Let us help you achieve and maintain a mouth that is as healthy as it can be!